# Care in Scotland Information for Glasgow and West of Scotland Forum of Housing Associations

## National Confidential Forum

#### What is it?

The National Confidential Forum (NCF) was established in 2014 to provide a space to acknowledge the accounts of Scotland's care experienced population, and to help shine a light on care in Scotland. For some, the experience of care was positive but for many, the experience was negative or abusive and may have had lifelong impacts. The NCF is tasked with capturing and communicating the experiences of people in institutional care in Scotland in order to acknowledge the past and influence future policy and practice.

### What will happen?

Your childhood experience of care in Scotland will be listened to and acknowledged. Your voice will contribute to a permanent national record of Scotland's care history - raising awareness and informing care in the future.

## Support

NCF are aware that taking part may be difficult for some. Their support staff will work with you every step of the way to make sure that your experience is as safe and comfortable as possible.

Here are some things that their Participants have said about taking part in the Forum:

- •Level of support was excellent
- Compassionate
- •Gave me closure
- •Non-judgemental
- Supported right through the process
- Empathic
- •I felt unburdened
- •I want to make sure no other child suffers
- •Respectful

To help you decide if giving testimony to the Forum is for you, please call NCF on 0800 121 4773. Their support staff will talk to you about what is involved and how we make it as safe and comfortable as possible.

This link is to an article written by a NCF researcher which featured in the 20<sup>th</sup> Anniversary edition of Scottish Journal of Residential Child Care

https://www.celcis.org/files/8015/5956/6893/2019 Vol 18 No 2 McKee M National Confidential Forum.pdf

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NCF (The Forum): <a href="https://twitter.com/NCFscotland">https://twitter.com/NCFscotland</a> (@NCFscotland for short)

