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	Level 0	Level 1	Level 2	Level 3	Level 4
Socialising (different rules for children - see guidance)	 8/3 indoors (in-home socialising permitted) i.e. max 8 people from 3 households 15/5 outdoors 	6/2 indoors ¹ 6/2 outdoors	No in-home socialising 6/2 outdoors and in public places, e.g. hospitality settings	No in-home socialising 6/2 outdoors and in public places, e.g. hospitality settings	No in-home socialising 6/2 outdoors and in public places
Hospitality (Food & drink)	Level 0 hospitality measures – see Hospitality Table	Level 1 hospitality measures - see Hospitality Table	Level 2 hospitality measures - see Hospitality Table	Level 3 hospitality measures – see Hospitality Table	Level 4 hospitality measures – see Hospitality Table
Accommodation (Hotels, B&Bs, Self-catering, Caravan and Camp Sites)	Open – socialising rules apply	Open – socialising rules apply	Open - socialising and hospitality rules apply	Open - socialising and hospitality rules apply Guidance encourages non-essential (leisure/tourism) use only by locals Essential, eg work-related use can continue	Essential only, eg work-related. (No tourism)

Relevant public health advice and requirements (such as physical distancing, use of face coverings, and enhanced hygiene measures) apply. Find relevant guidance on www.gov.scot

1 At times, depending on circumstances, we may need to stop indoor socialising in Level 1 in an area



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Travel	No non-essential travel to/from level 3 or higher areas in Scotland and equivalents in rest of UK Exemptions for essential travel for work, education, shopping, health etc; outdoor exercise; weddings and funerals; and transit through restricted areas International quarantine regulations apply Otherwise unrestricted	No non-essential travel to/from level 3 or higher areas in Scotland and equivalents in rest of UK Exemptions for essential travel for work, education, shopping, health etc; outdoor exercise; weddings and funerals; and transit through restricted areas International quarantine regulations apply Otherwise unrestricted	No non-essential travel to/from level 3 or higher areas in Scotland and equivalents in rest of UK Exemptions for essential travel for work, education, shopping health etc; outdoor exercise; weddings and funerals; and transit through restricted areas International quarantine regulations apply Otherwise unrestricted	No non-essential travel into or out of the level 3 area Exemptions for essential travel for work, education, shopping health etc; outdoor exercise; weddings and funerals; and transit through restricted areas International quarantine regulations apply	No non-essential travel into or out of the level 4 area. If necessary, limits on travel distance, or a requirement to stay at home Exemptions for essential travel for work, education, shopping health etc; outdoor exercise; weddings and funerals; and transit through restricted areas International quarantine regulations apply



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Transport	Active travel (walk, run, cycle, wheel) where possible				
	Avoid car sharing with people outside extended household wherever possible				
	Face coverings compulsory on public transport	Face coverings compulsory on public transport	Face coverings compulsory on public transport	Avoid non-essential use of public transport Face coverings compulsory	No use of public transport, except for essential purposes Face coverings compulsory
Shopping	Open	Open	Open	Open	Close non-essential retail (click and collect permitted)



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Close contact services (e.g. hairdressers, barbers, tailors and beauticians)	Open Mobile close contact services permitted	Open Mobile close contact services permitted	Open Mobile close contact services not permitted	Open , but may be subject to additional protective measures Mobile close contact services not permitted	Closed Mobile close contact services not permitted
Public buildings – e.g. libraries	Open	Open	Open (with protective measures)	Open (with protective measures)	Closed



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Stadia & Events	Outdoor events permitted Indoor events - seated and ambulatory permitted (restricted numbers) Indoor grouped standing not permitted Stadia - open with restricted numbers	Outdoor events seated and open space permitted (restricted numbers) Outdoor grouped standing events not permitted Small seated indoor events permitted Stadia – open with restricted numbers	Events not permitted/closed Drive in events permitted Stadia closed to spectators	Not permitted/ closed to spectators	Not permitted/ closed to spectators
Worship	Open – restricted numbers (50)	Open – restricted numbers (50)	Open – restricted numbers (50)	Open – restricted numbers (50)	Open – restricted numbers (20)



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Life events Life events (weddings, and civil partnerships, Funerals) Ceremonies and receptions/wakes	Weddings/civil partnerships – 50 person limit Funerals – 50 person limit Wakes and receptions permitted, subject to 50 person limit	Weddings/civil partnerships – 20 person limit Funerals – 20 person limit Wakes and receptions permitted, subject to 20 person limit	Weddings/civil partnerships – 20 person limit Funerals – 20 person limit Wakes and receptions permitted, subject to 20 person limit	Weddings/civil partnerships – 20 person limit Funerals – 20 person limit Wakes and receptions permitted, subject to 20 person limit	Weddings/civil partnerships – max. 5 (6 where interpreter permitted) Funerals – 20 person limit No receptions. Wakes permitted subject to 20 person limit
ELC/formal childcare	Open – with standard protective measures in place	Open – with standard protective measures in place	Open – with enhanced protective measures in place	Open – with enhanced protective measures in place	Open , subject to targeted intervention which may impact on capacity



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Informal childcare	Permitted in line with household/numbers restrictions (See Socialising)	Permitted in line with household/numbers restrictions	Permitted in line with household/numbers restrictions, children only may enter other households	Permitted in line with household/numbers restrictions, children only may enter other households	Essential worker informal childcare only, In line with household/numbers restrictions, children only may enter other households
Schools	Open – with standard protective measures in place	Open – with standard protective measures in place	Open – with enhanced protective measures in place	Open – with enhanced protective measures in place	Open – with enhanced and targeted protective measures
Colleges	Blended learning	Blended	Blended	Restricted Blended	Restricted Blended
Universities	Blended learning	Blended	Blended	Restricted Blended	Restricted Blended
Driving lessons	Permitted	Permitted	Permitted	Permitted	Not permitted



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Sports & Exercise	All permitted	All permitted except 18+ indoor contact sports (professional permitted).	All permitted except 18+ indoor contact sports (professional permitted).	Indoor: individual exercise only (exemption for under 18s) Outdoor – all except adult (18+) contact sports (professional permitted)	(Indoor) Gyms closed Outdoor non-contact sports only. (professional permitted)
Leisure and Entertainment	Open with the exception of adult entertainment and nightclubs (unless permitted events)	Open with the exception of adult entertainment and nightclubs (unless permitted events)	Cinemas, amusement arcades open Following closed: soft play, funfairs, indoor bowling, theatres, snooker/pool halls, music venues, casinos, bingo halls, nightclubs and adult entertainment	Closed	Closed



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Visitor Attractions	Open	Open	Open	All open or outdoor only open, depending on circumstances	Closed
Public Services (Health following NHS remobilisation plan)	Open	Open	Open but reduced face-to-face services	Essential face-to-face services only (online where possible)	Essential face-to-face services only (online where possible)
Unregulated (children's) activities (incl. youth clubs, children's groups)	Permitted	Permitted	Differentiated restrictions apply	Differentiated restrictions apply	Indoor activities not permitted
Support services (mental health, counselling, day services, respite care)	Permitted	Permitted	Permitted	Permitted/online where possible	Essential only/online where possible
Offices & Call Centres	Working From Home still advised	Essential only/WFH	Essential only/WFH	Essential only/WFH	Essential only/WFH



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Other workplaces	Open – WFH default where possible	Permitted: Essential workplaces			
					Outdoor workplaces
					Construction
					Manufacturing
New Shielding Rule (more details available)	Baseline Level O shielding	Level 1 shielding	Level 2 shielding	Level 3 shielding	Level 4 shielding